

Back to Mass

Your first Sunday back. What to do, what to skip, what to expect.

In short. You're expected back, like the son the father ran to meet.¹ If you're aware of serious sin, go to confession before receiving Communion; it's a door, not a wall.²

Key points

- The center of the prodigal son is the merciful father.¹
- Anyone aware of grave sin should go to confession before Communion.²
- Catholics are asked to keep Sunday Mass.³

Try this, this week

1. **Pick one Mass** this weekend and go.
2. **Look up confession times** at that parish.
3. **Read Luke 15:11–32** the night before.

“He arose and came to his father. But while he was still far off, his father saw him and was moved with compassion, and ran, fell on his neck, and kissed him.”

Luke 15:20, World English Bible

Common questions

Remember: You don't need to sneak in. You're expected.

Sources

1. CCC 1439
2. CCC 1385
3. CCC 2180

Quotation above: Luke 15:20, World English Bible. Catechism: official text on vatican.va.

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