

Going to Mass with them

One hour. Here's what happens.

In short. Catholics are asked to take part in Mass every Sunday.¹ It has two great parts, the Liturgy of the Word and the Liturgy of the Eucharist.²

Key points

- Sunday Mass matters deeply to them.¹
- Two halves: readings, then the Eucharist.²
- Communion is for Catholics who are prepared; guests can come forward for a blessing or stay seated.³

Common questions

Can I receive Communion?

Video answer: Catholic Answers, stoneandincense.com/en/questions/can-i-receive-communion/

Communion is for Catholics who are prepared and in a state of grace.³

Try this, this week

1. **Go once.** Take the [pew guide](#).
2. **Get coffee after** and ask what moved them.

What about our wedding?

Video answer: The Thomistic Institute (Dominican friars), stoneandincense.com/en/questions/what-about-our-wedding/
Marriage between a Catholic and a baptized non-Catholic needs the permission of Church authority, and with a non-baptized partner a dispensation.⁴ Both partners should know the purposes of marriage, and the Catholic partner promises to raise children in the faith.⁴

Remember: Copy the person next to you. Nobody is checking.

Sources

1. CCC 2180
2. CCC 1346

3. CCC 1415
4. CCC 1635

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Full lesson, video and every source:
stoneandincense.com/go/li2
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